

## 10 Minute Teriyaki

1. Chop your favourite vegetables
2. Slice cubes of Yves Teriyaki Baked Tofu
3. Stir-fry together for 5 minutes
4. Serve over rice or noodles



Quick and tasty salads, sandwiches and stir-fries are just minutes away with new Baked Tofu and Tempeh by Yves Veggie Cuisine. With delicious flavours like Teriyaki, Thai Sesame Peanut, Five Grain and Original, making dinner delicious has never been so easy or so healthy. All are made with top quality soy and are a good source



of protein. Plus, Yves Veggie Cuisine Tempeh is high in fibre, easy to digest, contains isoflavones and folic acid, and has no cholesterol. Chop, sizzle and serve the Yves Veggie Cuisine new line-up today! [www.yvesveggie.ca](http://www.yvesveggie.ca)



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